



King Harold Academy



RSE / PSHE / Citizenship Curriculum Overview

YEAR 7

YEAR 8

YEAR 9

	Autumn Term	Spring Term	Summer Term	Rationale
Composites	Transition, Working together, Assertiveness, Bullying, Family, Community, Remembrance.	Sex Education & Puberty, Drugs, Staying Healthy, Charity Study, Careers Work	Law, Being British, Child Sexual Exploitation (CSE), Gangs, E-safety, Mental Health	The transition process is arguably one of the most important aspects of year 7 to get right and settle pupils quickly and effectively into secondary school. Given the new friendships that are likely to be made and the new environment and opportunities we develop students assertiveness and make a start on their future character. Key national dates are included in the teaching; Anti-bullying week, Mental health week, charity week (comic relief etc), Christmas and Remembrance. As the students settle in the topics become more focused on the needs of our local community. Given the proximity to London we focus on the basics of CSE, Gangs and E-safety to ensure our young people are safe. We also look at the changes physically they are about to go through in terms of puberty and the affects this can have. Year 7 is a good start point as it builds on work conducted in primary in this area and it also ties in with the teaching of this topic in science lessons.
Key Components	How is year 7 different, Key questions and Answers and how to find them, What is assertiveness and how can we do it, Difference between bullying and silly behaviour, Who make up our community	How babies are made (ties into Science curriculum), Feelings and hormones, Differences between boys and girls, What are drugs, How can we stay healthy, what is personal health, What jobs exist.	What do we mean by risk, What is the role of the Police in the UK, Who are the British, We have external groups who deliver CSE, gangs and e-safety workshops, How to look after our mental health.	
Language	Assertiveness, Cyber, Multi-Cultural, Diversity, Ethnicity, Nuclear Family, Values, Conflict	Hormones, Puberty, Testosterone, Sperm, Ovaries, Penis, Vagina, Reproduction, Diet, Carbohydrates, vitamins and minerals	Refusal, obliged, custody, guardian, caution, coercion, gratitude, moderator, feds, po-po, psychosis, psychotic, paranoid, emotional	
Assessment	Terminal Assessment at the end of year 7			
The best that has been thought and said	Various World War 1 Poetry	Sir Bob Geldof, Lenny Henry, Leah Betts, Peter Jones, Richard Branson	Breck Bednar, Winston Churchill, Boadicea, William the Conqueror	
Composites	Reflection, Relationships, Resilience, Depression, Bullying, Family Life, Targets, Remembrance.	Health, Risks & Behaviour, Careers work—JED and STEP Books, Charity Study, Contraception	CSE, Gangs, The British, Gaming, Mental Health, Communities, Rule of Law, Future Opportunities.	Building on Year 7 work, our year 8's reflect on the previous year. The concept of friendships is further explored by introducing different types of friendships. It also starts to explore the emotional side of puberty by getting student to reflect on how they feel and perceive themselves. As with Year 7 they are reminded of the Great War and Bullying in line with national dates. Further to Year 7 the students conduct a questionnaire based on the Risk Avert Program. This allows for a more tailored education for pupils demonstrating higher risky behaviours as they get older. As with all years the CSE and Gangs etc are tailored for the needs of our local community and allow age relevant teaching to occur in these areas. As a continuation on the topic of being British the students look at our society and the democracy that under pins what we all are.
Key Components	Different types of relationships, Importance of friends, Resilience, What's Perfect, How to tackle bullying, How do I contribute to family and community, How am I doing?	How do I keep healthy, What is risk, How to reduce risk, Gambling, Step Books and JED, STI's and STD's, Contraception and staying safe.	How do we value each other, Successful communities, Problems in communities, Rule of Law, British Democracy, We have external groups who deliver CSE, gangs and e-safety workshops,	
Language	Mutual, Plutonic, Partnership, Resilience, Passive aggressive, Contribution, Valued, Content, Relaxed	Binge, Odds, Return, Debt, Condom, Pill, Femidom, Transmitted, Curriculum Vitae, Application	Social, Holistic, Democracy, Constituent, Election, Parliament, Magna Carta, Anti-Social	
Assessment	Terminal Assessment at the end of year 8			
The best that has been thought and said	Various World War 1 Poetry	Sir Bob Geldof, Lenny Henry, James Dyson	King John, Boris Johnson, Kidscape, Parliament Street, MHFA, Albert Dicey	
Composites	Values, Knowing Yourself, Knife Crime, Feelings, Dealing with Loss, Types of Relationships, Contribution to Family Life, Target Setting	Employment & Law, Careers Work, Year 9 Options, Drugs and the Law, Charity Study, Sex in the media, Sexual Relationships.	Child Sexual Exploitation, Gangs, Gaming, Mental Health, Finding Help, Laws of the UK, The UK in the world, How to improve your prospects.	Year 9 starts with a reflection of the pupils from the year before. We then tackle knife crime, given our proximity to London etc. With Year 9 historically being the year of the "strop" teenager, we investigate feelings and emotional wellbeing with this year group. This also develops the relationship module to look at sexual relationships that student may be considering. The media falls under the spot light to see how sex and relationships are portrayed and the impact of pornography is questioned. There is further work done about families and the community of Waltham Abbey. With Year 9 being about options we look at choices, employment and careers and how to get where you want. Again, CSE, Gangs and Gaming and bought by external groups in drop down days and target each year group individually. The year concludes with the expansion of the Rule of Law and the UK and our position in the global market.
Key Components	What do I value, How do I see me, How do you see me, Knife Crime, Feelings, Break-down, Bereavement, Relationships, Dealing with Bullying, How to respond to others.	The law and work, Step Books and Careers research, Drugs and the Law, Managing situations and drugs, How we see sex, Commitment, What if I don't want to.	Who can keep me safe, Where can I get help on, The laws of the UK, How to improve my prospects, We have external groups who deliver CSE, gangs and e-safety workshops,	
Language	Bereavement, Concealed, Civil Partnership, Mutualistic, Beneficial,	Refusal, obliged, custody, guardian, caution, coercion, gratitude, moderator, feds, po-po, psychosis, psychotic, paranoid, emotional	County Court, Supreme Court, European Court of Human Rights, Economic, Opportunities, Investment	
Assessment	Terminal Assessment at the end of year 9			
The best that has been thought and said	Various World War 1 Poetry	Carson Price, Luke Campbell	Talk to FRANK, Jimi Hendrix, YoungMinds, SANE, The Childrens Society, CAMHS, Aristotle	



RSE / PSHE / Citizenship Curriculum Overview

YEAR 10

	Autumn Term	Spring Term	Summer Term	Rationale
Composites	Community, Media Influences, Knife Crime, Remembrance, Bullying, Post 16	Employment preparation, British Democracy, Law and punishment, Sexual Health, Domestic violence and relationships	CSE, Gangs, Gaming, Mental Health, Identity, Discrimination, Work Experience Preparation	
Key Components	Values in home and community, Tolerance, Celebs, Young people in the media, Knife crimes, staying safe, Dealing with bullying, What choices do I have after school.	CV writing and Work Experience prep, Voting and parliament, the British people, Arrested, The court system, Medias portrayal of sex, pornography, STI's, Parenting skills, When relationships go wrong, Domestic abuse.	We have external groups who deliver CSE, gangs and e-safety workshops, What age can I?, Diversity and identity, challenging discrimination, Discrimination through invisibility, Work Experience Tasks.	
Language	Social media influencer, Banter, post-16, role models, contribution, resilience, Patience	Manifesto, electorate, constituency, Criminal law, Civil Law, Family Law, Transmitted	Ethnicity, nationality, socioeconomic status, orientation, Contractual, Human Resources	
Assessment	No Formal Assessment at KS4			
The best that has been thought and said	Various World War 1 poetry, Bullying, STEP, UCAS, Rate my Apprenticeship	Safelives, Erin Pizzey, Parliament figures relevant to the times, NSPCC, GOV.UK, Supernanny	Breck Bednar, GOV.UK, Citizens Advice,	

YEAR 11

Composites	Working world, Post 16, Remembrance, Bullying, Personal Finance	Sexual Health, Drugs and Alcohol, Emotional and Mental Health, Stress, work life balance, Challenges, Bereavement	<p>Year 11 are focused on their GCSEs and therefore we conclude RSE / PSHE / Citizenship in the Spring Term.</p>	
Key Components	How to get a job, Mock interview and applications, Good and bad interviews, Post 16 research, Employment law, taxes, Savings and pensions, Credit and debit.	Sexual Health and relationships, Drugs, alcohol, informed choices, Emotional Health and Mental, Exam pressures and stress, Money stresses, Work life balance, Facing Challenges, Bereavement.		
Language	Opportunity, Measurable results, Initiative, Basic rate, Tax codes, Interest, Liquidity, Contributions	Anxiety, Behavioural Therapy, Cognitive, Coercive, Controlling, Symptoms, Grief, Abandoned		
Assessment	No Formal Assessment at KS4			
The best that has been thought and said	Various World War 1 poetry, Peter Jones, Sir Alan Sugar, Sir Robert Peel, HMRC, Martin Lewis	YoungMinds, NHS, The Student Room, FRANK, Terance higgins Trust, Freddie Mercury, Charlie Sheen, Magic Johnson		